

Are YOU and your FAMILY READY for an EMERGENCY?



Be Informed,
Make a Plan,
Build a Kit, and
Get Involved.



READY
ARMY
BE INFORMED. MAKE A PLAN.
BUILD A KIT. GET INVOLVED.

Army Emergency
Management
HQDA G-34
Protection Division

www.ready.army.mil

Preparing for emergencies brings peace of mind. And it could keep an emergency from becoming a disaster for you and your Family. Prepare Strong! Take these steps to get started:

Be Informed

- Identify all hazards that can affect you and your Family.
- Know the local emergency warning system in your area.
- Know the appropriate emergency actions.

Make a Plan

- Consider the range of possibilities and places you might be.
- Plan reactions to various emergencies.
- Plan how your Family can stay in touch.
- Practice your plan.

Build a Kit

- Consider the basics of survival and the unique needs of your Family including pets.
- Include enough supplies for at least three days.
- Assemble emergency supplies in your home, car and workplace.
- Be ready in case you must evacuate quickly.

Get Involved

- Everyone has a role in preparedness. Prepared individuals build stronger communities.
- Train. Trained communities more effectively prepare and respond to emergencies
- Volunteer. Consider giving back to your community by donating time and resources to local organizations
- Share. Consider integrating emergency preparedness into existing activities. Share preparedness with others, especially children.



Items to consider for your basic home emergency kit:

- Water—at least one gallon per person per day for at least 3 days; water purification drops or tablets and a filtration system to treat water if your supply runs out; water storage containers
- Food—nonperishable food for at least 3 days
- Waterproof bag or container for kit items
- Hand-crank or battery-powered flashlight; all-hazards / NOAA radio; and cell phone charger (and extra batteries for all equipment)
- First aid kit (rubbing alcohol, bandages, adhesive tape, gauze pads, latex gloves, antiseptic, safety pins, tweezers, thermometer)
- N95- or N100-rated dust masks
- Personal sanitation supplies (toilet paper, feminine hygiene, moist towelettes, toothbrush and travel-size toothpaste)
- Important documents including will, medical and financial power of attorney, property documents, medical instructions, insurance and military service records
- Any tools needed for turning off utilities; other hardware: hammer, screwdriver, wrench or pliers; multi-use tool (w/ manual can opener)
- Your Family emergency plan and command reporting information
- Emergency preparedness handbook, local maps, and compass
- Cash (small bills—ATMs and bank systems may not operate during an emergency)
- Reusable plates, cups, utensils, saucepan and portable stove
- Any items necessary for a specific type of disaster

Items for your Family's unique needs:

- Infant formula and diapers for young ones
- Prescription medications and medical equipment/care aids
- Food, water, medication, leash, travel case and documents for pets

Additional items:

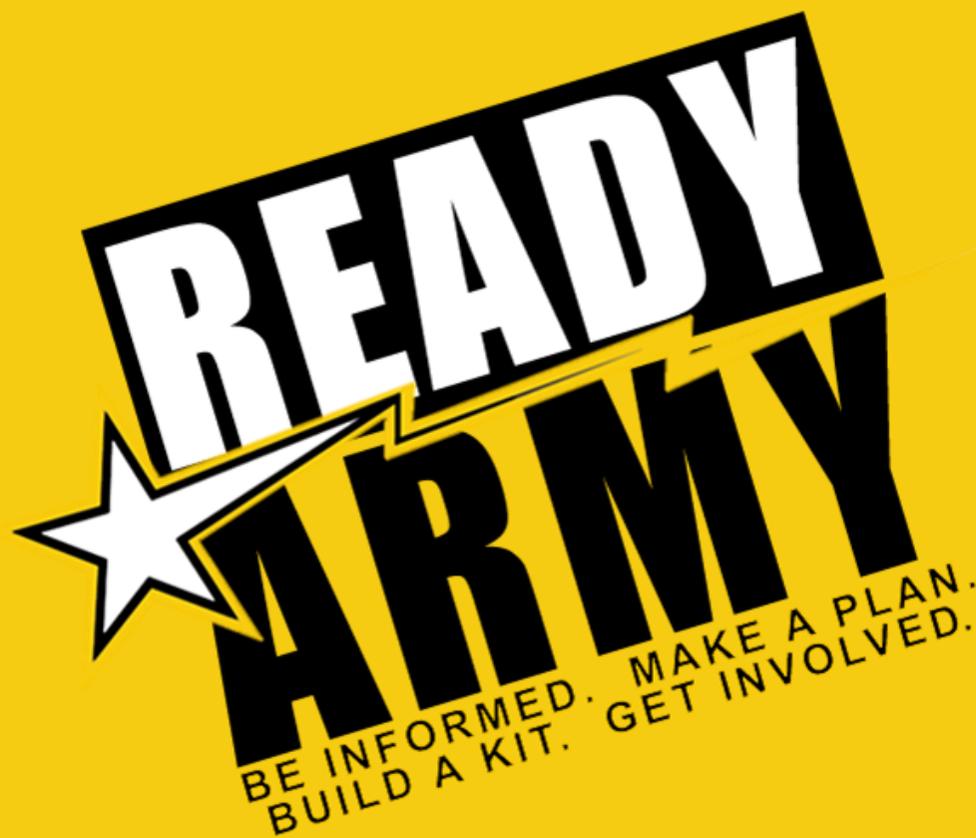
- Disinfectant, dish soap and hand-wipes, and garbage bags
- Matches or flint in waterproof container
- Sleeping bag/weather-appropriate bedding
- Sleeping pads, foams or inflatables
- Cold-weather and rain gear, and weather-appropriate change of clothes for each person
- Tarp, rope/paracord, and survival saw; folding shovel
- Work gloves and safety goggles
- Fire extinguisher
- Two-way radio

Items essential for those stationed abroad:

- Passports
- International drivers license
- Birth certificate for those born overseas
- Cash in local currency (small bills)
- Card with local translations of basic terms
- Electrical current converter



ARMY STRONG.™



Army Emergency Management Branch

Headquarters, Department of the Army

Deputy Chief of Staff, G-3/5/7

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